

Education
Wellbeing
Service

Education Wellbeing Service Webinar

Supporting Big Emotions at Home and School: The Zones of Regulation

The Primary Years are a time of rapid development and huge change; it is also a time where emotions can be expressed and experienced in many different ways.

This free session for parents of primary school children in South London schools looks at Emotion Regulation skills and strategies.



DATE / TIME

Tuesday 21st October
7.30-8.30pm



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QR code
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LOCATION

Online - Hosted on Teams

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DATE / TIME

Thursday 23rd October
12.30-1.30pm



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