

Parent Webinars

Primary Autumn Term Schedule

Scan the QR codes or follow the links to sign up to any of these free local NHS parent webinars

29th Sept 7.00pm-8.00pm



Scan the
QR code
or
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29TH & 30TH SEPTEMBER

**Through the school gates,
overcoming daily challenges
getting into school**

For all parents & carers

30th Sept 12.00pm-1.00pm



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Part 1

7th Oct 12.00pm-1.00pm



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7TH OCTOBER & 14TH OCTOBER

**Supporting Children with
Common Anxieties or
Worries - a BSL interpreter
will be available**

For Nursery/Reception/
KS1 parents & carers
with a BSL interpreter

Part 2

14th Oct 12.00pm-1.00pm



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21ST & 23RD OCTOBER

**Supporting big emotions
at home and school -
the zones of regulation**

For all parents & carers

21st Oct 7.30pm-8.30pm



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QR code
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23rd Oct 12.30pm-1.30pm



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QR code
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We also provide free 1:1 early support for parents of primary aged children to support their child's common worries and anxieties, or support children's everyday challenging behaviours. Speak to your school to find out more.

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17th Nov 1.00pm-2.00pm



Scan the
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17TH & 19TH November

**Building resilience in
primary school children**

For all parents & carers

19th Nov 8.00pm-9.00pm



Scan the
QR code
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[click here](#)

9th Dec 1.00pm-2.00pm



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9TH December

**Understanding and
supporting your child's sleep**

For Nursery/Reception/
KS1 parents & carers

9th Dec 7.00pm-8.00pm



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