

ONLINE SAFETY

Practical parenting
in the digital age

Derek Crabtree – London Borough of Merton derek.crabtree@merton.gov.uk

TI

65%

Alternat

3D Print

Waste D

Urban Ag

Nano-Me

Anaerobic

Drone Disp

YouTuber

Certified E

Could gas from grass rival fracking to heat UK

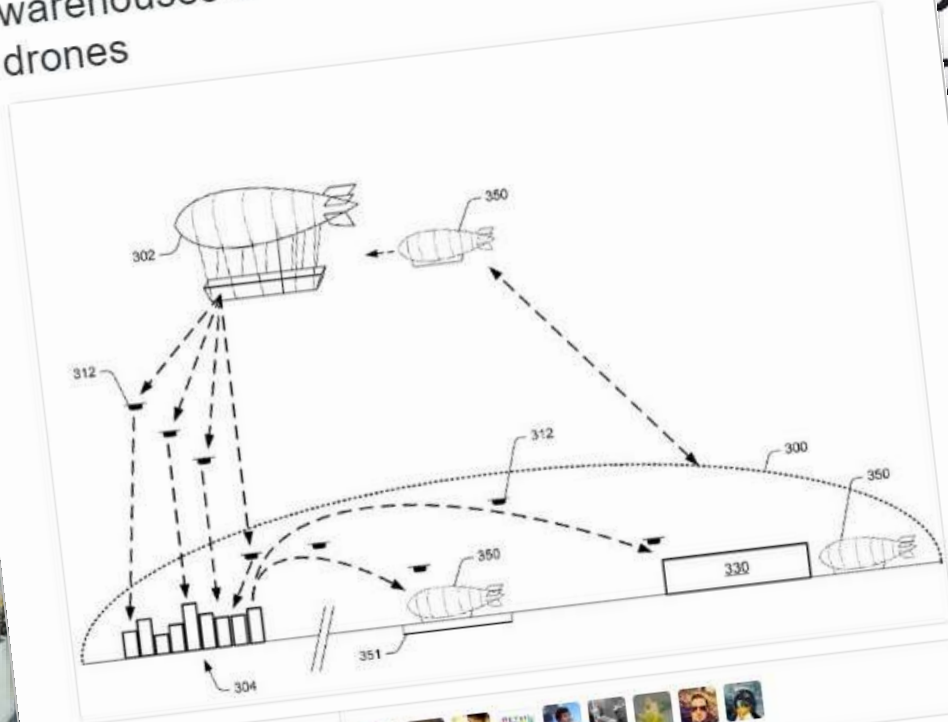
Britain's first 'green' anaerobic digester is set to heat 4,000 homes and...



Ecotricity's 'green gas mill' anaerobic digester. Photograph

Zoe Leavitt @zoe_leavitt

I just unearthed the Death Star of #ecommerce via @cbinsights... AMZN patent for airborne warehouses at 45K ft spitting out delivery drones



RETWEETS 584 LIKES 436

12:53 PM - 28 Dec 2016

41 584 436

Follow

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Amazon to use drones for delivery

Amazon to use drones for delivery within 30 minutes

1 COMMENT

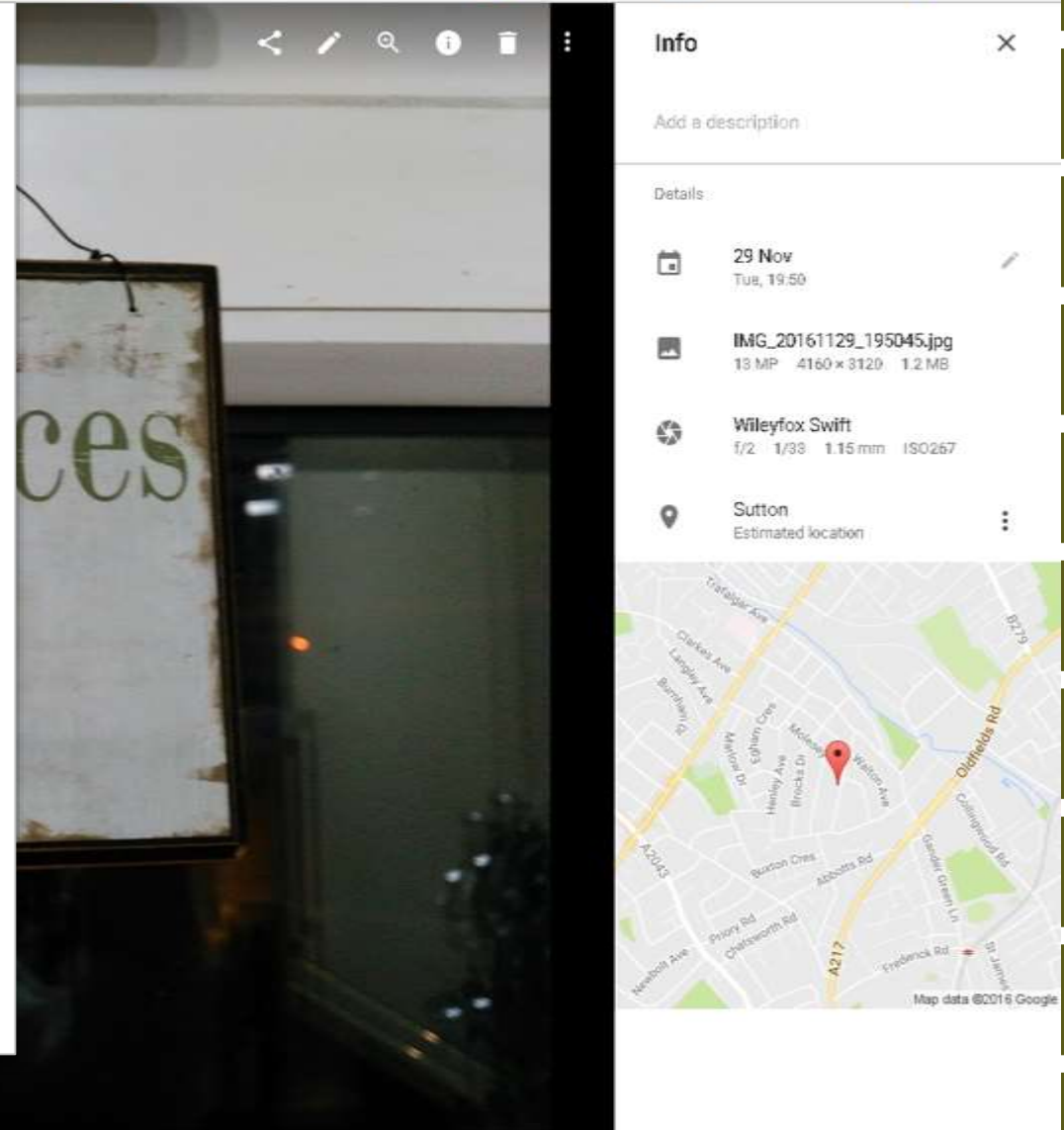
Amazon to use delivery drones in British airspace.

Amazon's Prime Air initiative that can deliver its parcels to private homes.

Amazon has asked the Civil Aviation Authority (CAA) to develop regulations for the technology.

Korea on January 03, 2017

Samsung's Family Hub 2.0, has internal cameras, voice control and an interface to the MasterCard Groceries app for easy ordering. It knows what people are eating more surely than any supermarket.





Pooper

Your dog's poop in someone else's hands.



SEE HOW IT WORKS

WHEN IS A TOOTHBRUSH NOT A TOOTHBRUSH?



I AGREE

facebook

Connect with friends and the world around you on Facebook.



See photos and updates from friends in News Feed.

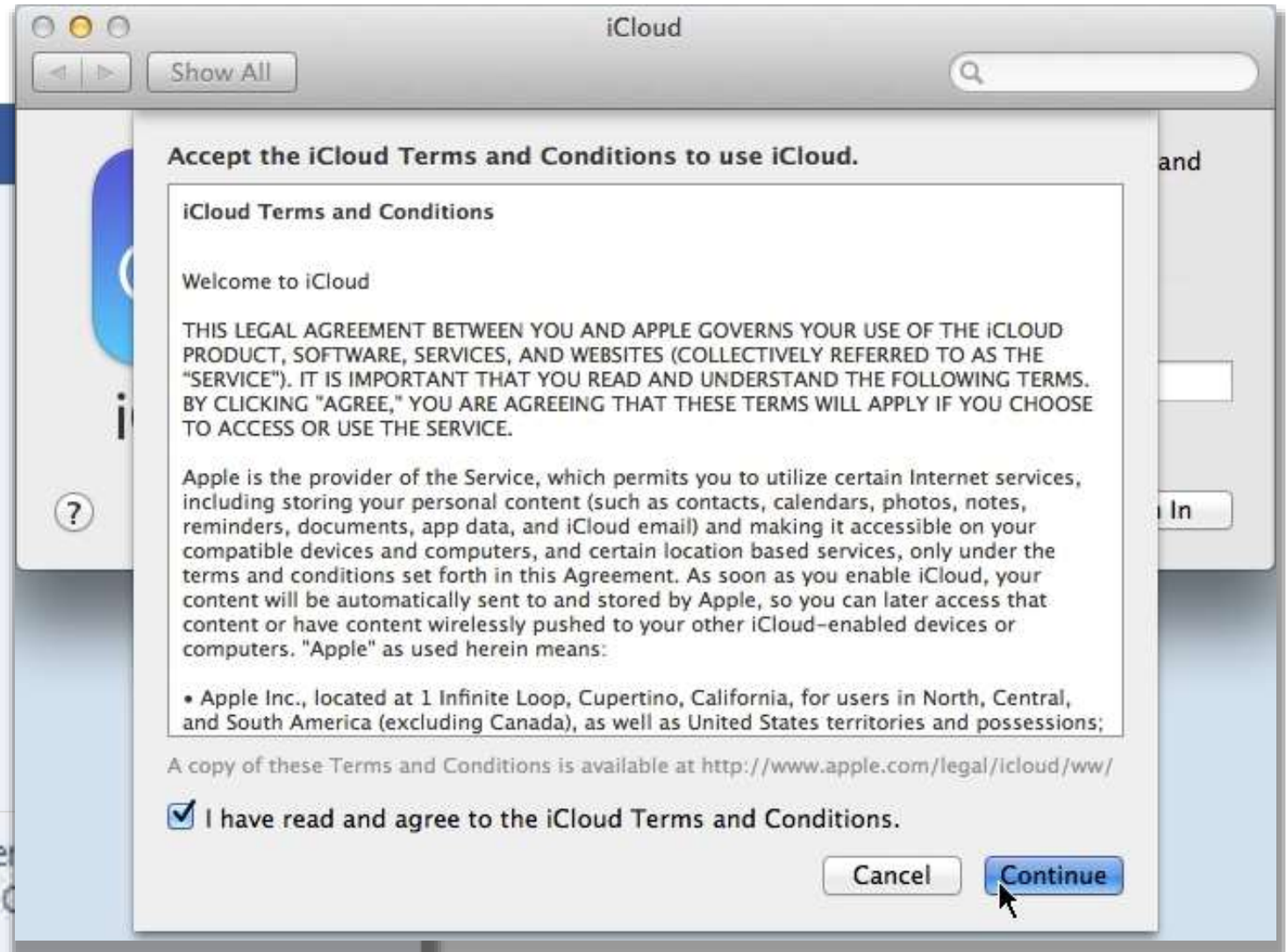


Share what's new in your life on your Timeline.



Find more of what you're looking for with Graph Search.

By clicking Sign Up, you agree to our Terms and Conditions, our Privacy Policy, our Data Use Policy, including our Cookies Policy, and our Advertising Policy.



WHAT ARE YOU AGREEING TO?

When we click “I agree,” we hand over the right to

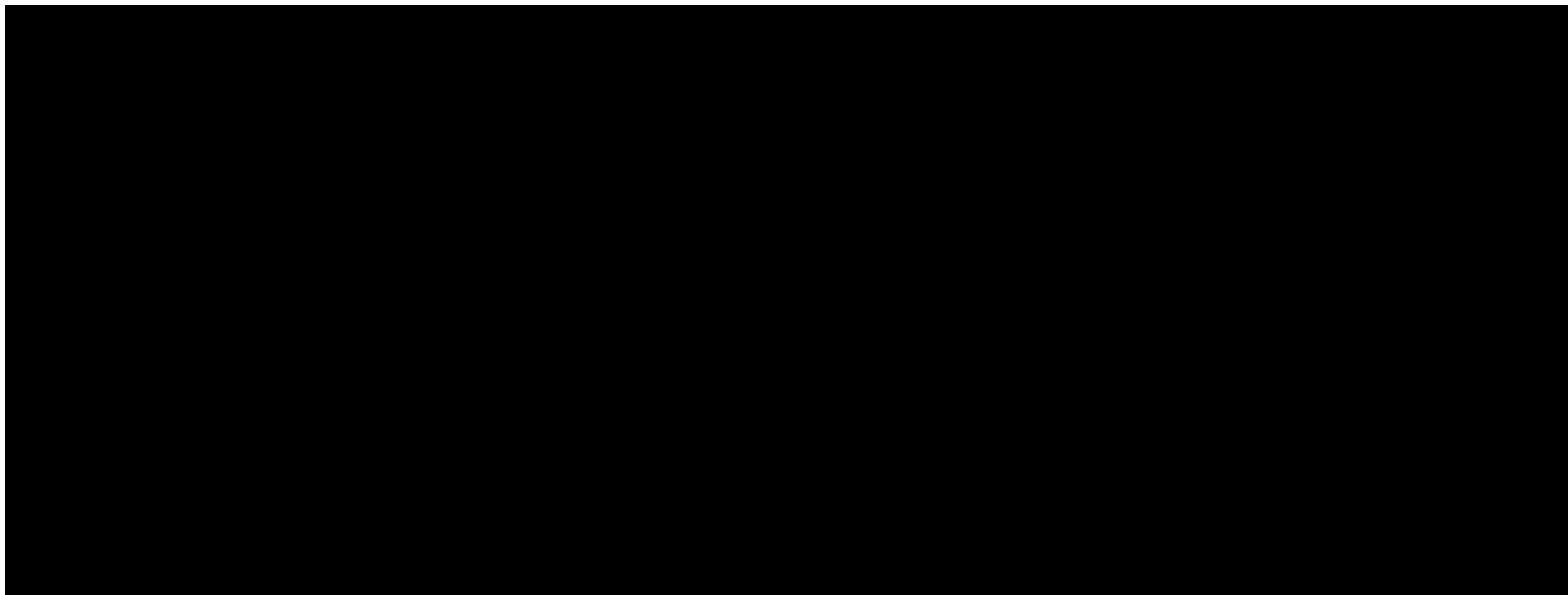
- Track us
- Profile us
- Scan our email
- Scan chat c
- Remove, edit content without giving us a cut of th

How long for?

Facebook “likes” alone can reveal an individual’s gender, age, race, sexuality, political, and religious views.

Target correctly inferred that a teenage girl was pregnant based on big data profiling—as her father found out when he phoned to complain that she’d been sent coupons for baby products.

TEENAGE CYBERCRIME NATIONAL CRIME AGENCY



THE DARK NET



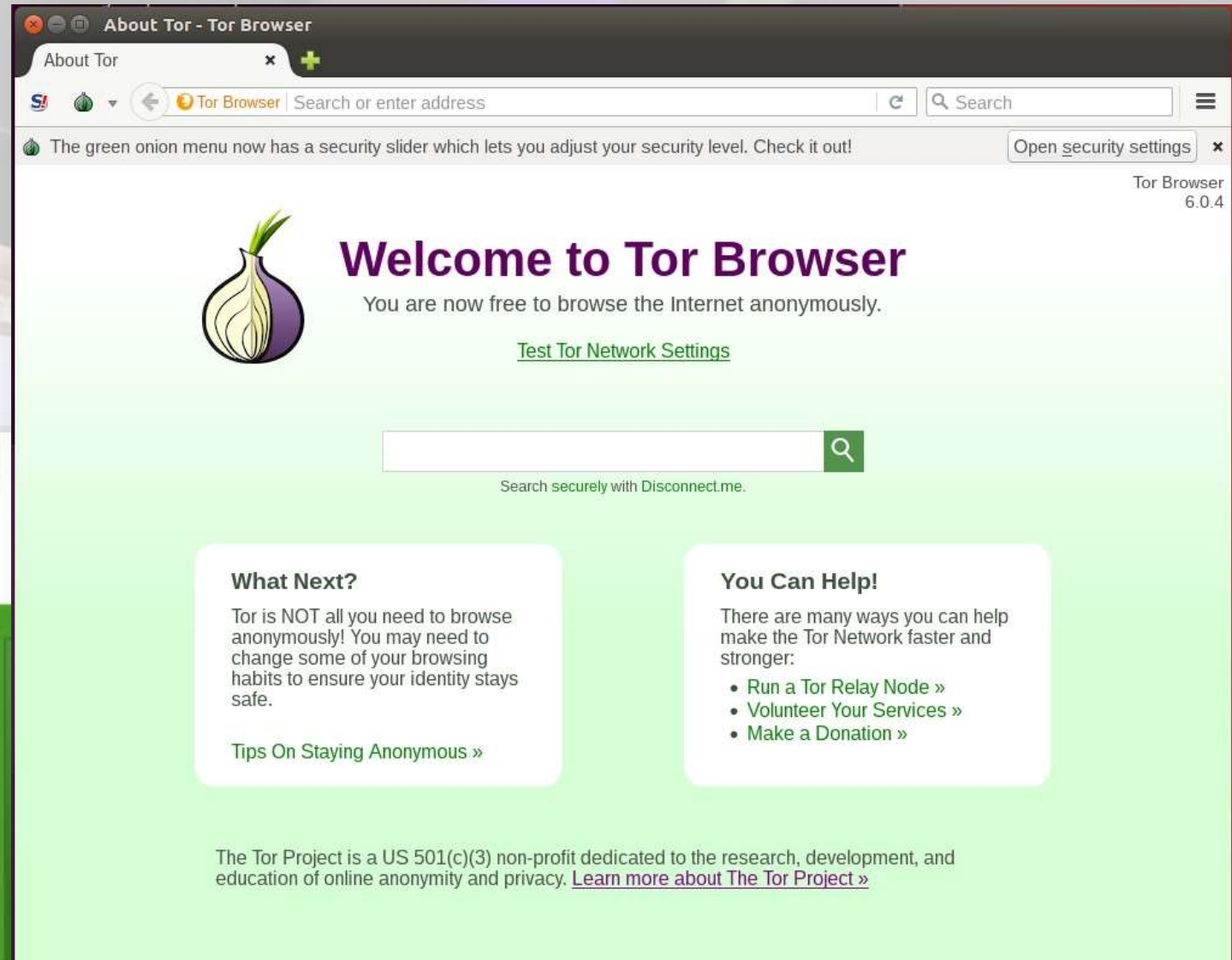
Home

Anonymity Online

Protect your privacy. Defend yourself against network surveillance and traffic analysis.



[Download Tor](#)

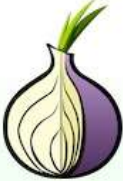


About Tor - Tor Browser

About Tor

The green onion menu now has a security slider which lets you adjust your security level. Check it out! [Open security settings](#)

Tor Browser 6.0.4



Welcome to Tor Browser

You are now free to browse the Internet anonymously.

[Test Tor Network Settings](#)

Search securely with Disconnect.me.

What Next?

Tor is NOT all you need to browse anonymously! You may need to change some of your browsing habits to ensure your identity stays safe.

[Tips On Staying Anonymous »](#)

You Can Help!

There are many ways you can help make the Tor Network faster and stronger:

- [Run a Tor Relay Node »](#)
- [Volunteer Your Services »](#)
- [Make a Donation »](#)

The Tor Project is a US 501(c)(3) non-profit dedicated to the research, development, and education of online anonymity and privacy. [Learn more about The Tor Project »](#)

HOW TO STAY PROTECTED AGAINST RANSOMWARE

Updates – always update, devices and apps

Anti-Virus – keep up to date

Anti-Malware – Keep up to date

Get Savvy – Educate yourself and don't fall prey

Backup your data – make use of cloud services

Unplug USB drives when not in use

PROTECTING YOUR PHONE

A Samsung smartphone is shown in a light, semi-transparent style, tilted diagonally. The screen displays the time 12:45 and a lock icon. The phone is set against a light gray background.

- Get software that allows you to lock, locate, and wipe your device
- Always use a PIN or password to lock phone
- Only download apps from trusted stores
- Back up data
- Keep OS and apps updated
- Log out of sites after you make a payment
- Turn off Wi-Fi and Bluetooth when not in use
- Avoid giving out personal information

CHANGED TIMES



Children growing up now have never known a time without the internet.

Children aged five to 16 spend an average of six and a half hours a day in front of a screen compared with around three hours in 1995, according to Childwise.



THE CHALLENGE

1. Children and young people make up one-third of internet users
2. They see little distinction between offline and online.
3. They test relationships, experiment and push boundaries, constantly asking themselves questions about the person they want to be
- 4.the internet is vital for satisfying this curiosity
5. They should be encouraged to learn, explore and interact with one another online, but the content they can access, and the online space that they are navigating, must be age-appropriate and safe.

**“We need honest
information and a digital
ombudsman to give
children the power
and support to
flourish online”**

#GrowingUpDigital

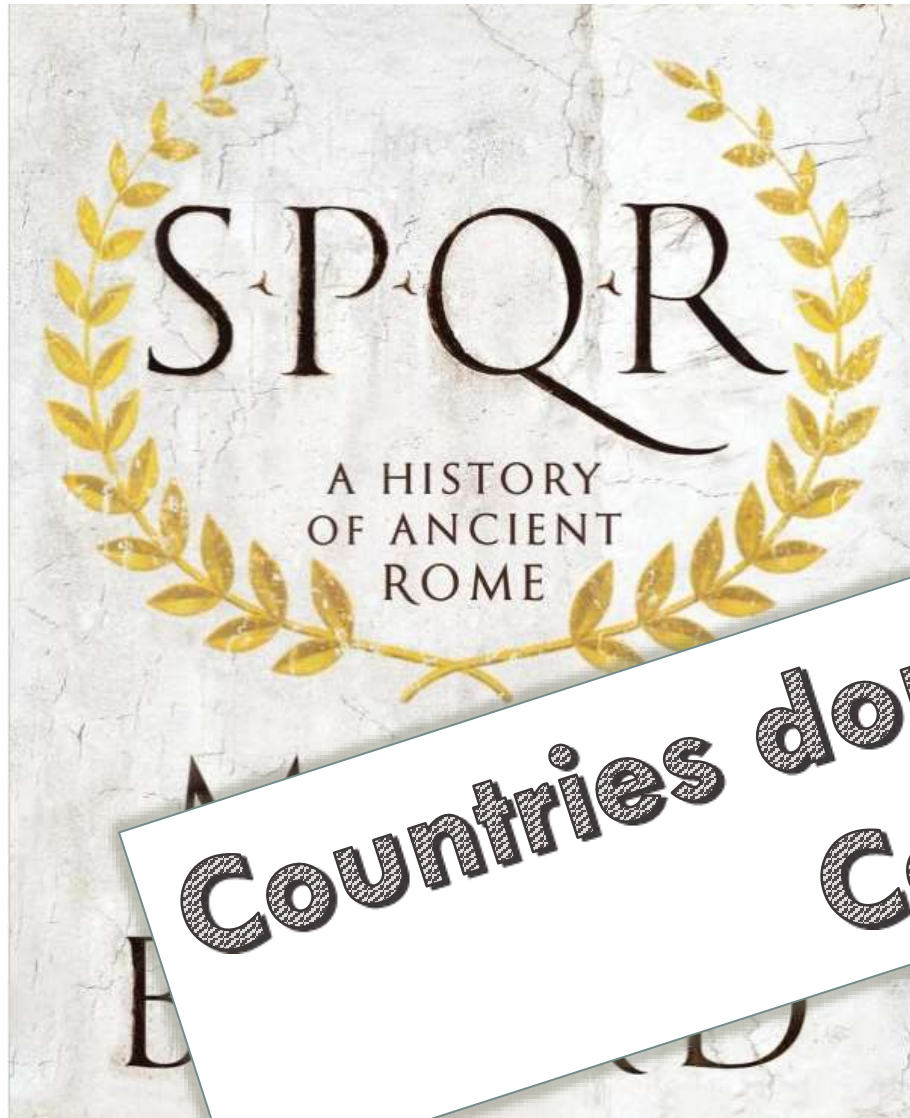
Anne Longfield Children's Commissioner for England

GROWING UP DIGITAL

January 2017

The report, which the Government said it would now look at “carefully”, calls for:

- an end to “impenetrable terms and conditions” that “give social media giants control over children’s data without any accountability”.
- a digital ombudsman to help children to remove content about themselves and force firms to be more transparent
- a compulsory digital citizenship programme in every school from ages 4-14



Ancient Rome's governance structures simply didn't scale. They were not robust enough to cope with the demand of a running global system.

Countries don't control the internet. Companies do.

Similarly, international governance structures are too feeble to cope with the impact of the internet on societies. So we've ceded that power to corporates.

SCREEN TIME

'Screen time' is an obsolete concept. As digital media become integrated aspects of daily life, the concept of 'screen time' is becoming obsolete.

Parents could consider whether children are:

- Eating and sleeping enough
- Physically healthy
- Connecting socially with friends and family – through technology or otherwise
- Engaged and achieving in school
- Enjoying and pursuing hobbies and interests – through technology or beyond
- Having fun and learning in their use of digital media?

If the answer to these questions is more or less 'yes', then perhaps the problem of 'screen time' is less dramatic than many parents have been led to believe.

USING SCREEN MEDIA WITH YOUNG CHILDREN

Research shows that children's learning from media can be greatly enhanced when parents and other adults join in and make it a shared experience. The following tips offer a range of ways you can use screen media to make it an interactive, more enriching learning experience.

- Watch Together
- Play Screen-Based Games Together
- Make the Connection Between the Screen and the Real World

NEVER TALK TO STRANGERS

'My parents don't understand how I can talk to people I don't know online. They think it's scary but I think it's one of the beneficial aspects of the internet;'

It would be more helpful if we were to look at ways in which we can help young people recognise when grooming takes place and how to identify strategies to stay safe.

"Never talk to strangers" isn't how most of us speaks with strangers every day.

We need to raise young people with the skills and strategies to stay safe when talking with strangers, who may be, or appear to be, their friends.

building resilience...

THE REAL WORLD

Too often adults will

Understand
world. - Soci

The challenges
are about people, not
buttons and technology,

A child is a child
until they reach
maturity, not until
they pick up a
smartphone

'online' world.

real



RISK VS HARM

Risk - the possibility that something negative or dangerous will happen

Harm - refers to actual damage or trauma

There are certainly risks associated with internet use, but for the majority of young people, **these risks will never lead to harm.**

E-SAFETY

‘A parent who can help their child navigate the offline world will help them navigate the online world’

Dr Pooky Knightsmith

“Its about transferring your off line parenting skills online”



WHAT KIND OF PARENT WILL YOU BE?

Enablers “They’ve given in to their kids’ expertise and allow them to set the family’s tech agenda.” (Teenagers parents)

Digital limiters, “Heeding widespread concerns about the impact of technology use on children’s attention spans and interpersonal relationships, limiters take every opportunity to switch off screens.”

Digital mentors take an active role in guiding their kids onto the Internet. “Mentors, in fact, may be the parents who are most successful in preparing their kids for a world filled with screens, working actively to shape their kids’ online skills and experiences.”

ALEXANDRA SAMUEL

ONLINE PARENTING

“Children of **limiters** are most likely to engage in problematic behaviour:

twice as likely as the children of **mentors** to access porn, or to post rude or hostile comments online;

three times as likely to go online and impersonate a classmate, peer, or adult.”

“Shielding kids from the Internet may work for a time, but once they do get online, limiters’ kids often lack the skills and habits that make for consistent, safe, and successful online interactions.”

ALEXANDRA SAMUEL

DATA TO GO



HELPFUL CHECKS

Who's looking?

- When did you last check your privacy settings?
- Google your child's name to review the information you post
- Remember that anyone who can see a photo can also download or screenshot it, and could go on to share it.

What else are you sharing?

- As default, many cameras, phones and apps tag posts and photos with 'meta-data' which can include location details and other identifying information

Ownership

- Under the terms and conditions of most social networks, when you share a photo you license the network to use and reproduce your image, and grant it the right to license it for use by third parties.

Your child's digital tattoo

- Every publically accessible image or comment featuring your child contributes to a public image which will follow them into the future.

FOR YOUNGER CHILDREN



ZIP IT

Keep your personal stuff private and think about what you say and do online.



BLOCK IT

Block people who send nasty messages and don't open unknown links and attachments.



FLAG IT

Flag up with someone you trust if anything upsets you or if someone asks to meet you offline.

FOR OLDER CHILDREN

Stay safe online

Remember the 5 SMART rules when using the internet and mobile phones.



S

SAFE: Keep safe by being careful not to give out personal information when you're chatting or posting online. Personal information includes your email address, phone number and password.



M

MEET: Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present.



A

ACCEPTING: Accepting emails, IM messages, or opening files, pictures or texts from people you don't know or trust can lead to problems – they may contain viruses or nasty messages!



R

RELIABLE: Someone online might lie about who they are, and information on the internet may not be true. Always check information with other websites, books or someone who knows.



T

TELL: Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried, or if you or someone you know is being bullied online.



Find out more at Childnet's website ...

www.kidsmart.org.uk

Childnet International © 2002-2010 Registered Charity no. 1080173 www.childnet.com



THE RISKS

content: being exposed to illegal, inappropriate or harmful material;

contact: being subjected to harmful online interaction with other users; and

conduct: personal online behaviour that increases the likelihood of, or causes, harm.

CRITICAL THINKING ONLINE: A PARENT'S GUIDE

It's hard enough for adults to recognise advertising and resist ridiculous rumours online, but it can be even more complicated for young people.



Advertising

Have you ever looked at a spread in a magazine, only to realise all the clothes are from the same brand and the feature is actually an advertisement?


Rumours

Misunderstandings and misinformation can spread quickly online, so it's important to remember that just because something is trending doesn't mean it's true. #nowthatchersdead

Clickbait

With so many media outlets online there's a lot of competition for clicks and attention, and it can be tempting to exaggerate to get someone to click on your story.

Some examples of clickbait are laughably obvious – any headline ending in 'you won't believe what happened next,



Play this game with your kids : <http://www.fakeaphoto.com/real-or-fake-photo-game/>

What is the internet? <https://www.youtube.com/watch?v=Dxcc6ycZ73M>

SOCIAL MEDIA CONTACT



“Before the internet, someone with a sexual interest in children had to take lots of risks,”



“They needed to loiter near schools, go to the beach or park.



“Now, they can browse huge amounts of content from the privacy of their own homes, and no one knows they have done it.”

Karl Hopwood, UK Council for Child Internet Safety.

THE CASE OF JOEL

Joel was one of two victims who were moved onto other platforms.

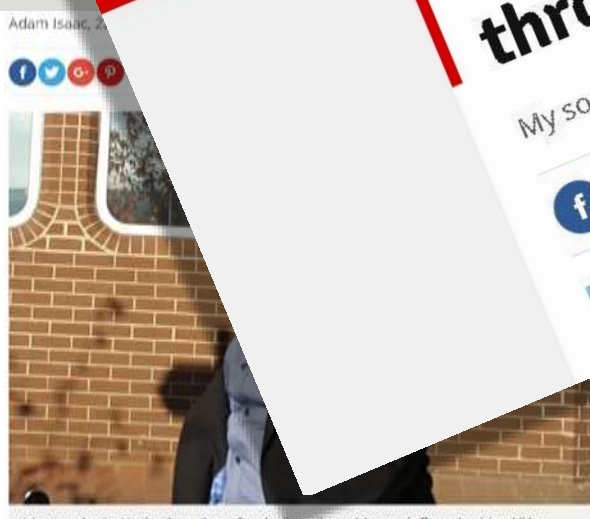
Joel's Dad (a)



... on Joel before

... on Minecraft - a group that plays together to protect their bases and raid others.

... are able to have limited communication in the game, so in order to plan secret 'attacks' on other factions they move onto other chat services like Skype.



Adam Isaac leaving Merthyr Crown Court after pleading guilty to eight sexual offences involving children

THE CASE OF JOEL

“He started to talk as if he was trying to build a relationship with Joel. He was saying things like ‘you’re so good at Minecraft, you’re my best friend on here’. He was just really trying to build him up, really laying it on. Joel thought he had a really good friend.”

Joel’s Dad (Lee)

Lee noticed a change when Joel started using headphones when on Skype

THE CASE OF JOEL

As Isaac conducted much of the abuse over video, there was little trace of the exchanges.

“Fortunately Joel never met him in person. But Isaac made him watch things on camera, he would send Joel pictures of himself. He sent him links to pornography, saying ‘watch this’.”

“And 12-year-olds are curious.”

Lee managed to identify Isaac via the payments the groomer made to Joel over PayPal, as in one payment there was reference to his name and address.

He went straight to the police.



THE CASE OF JOEL

A man who groomed young boys through the online game Minecraft has been jailed for two years and eight months. 20th January 2017

- Ad
 - Cou
 - Isaac
 - two
 - one
 - caus
 - three
 - Isaac also pleaded guilty to possessing indecent images of children.
- ... or pornography,
... activity in the presence of a child, and
... to engage in sexual activity
... or causing or inciting child prostitution or pornography
- ... yr Tydfil Crown



"This case serves as another reminder to anyone who has caring responsibilities for children to be alert to online safety matters so that wherever possible, children are prevented from coming into harm's way."



- *Warning: Some viewers may find this film distressing*

Kayleigh's Love Story - Full Version



Kayleigh, 15, was raped and killed by landscape gardener Stephen Beadman in November 2015 after being sent hundreds of messages on social media sites for around two weeks by 28-year-old Luke Harlow.



The film deals with aspects of the last fortnight of her life and warns parents and children to be vigilant about online safety.

https://www.thinkuknow.co.uk/parents/ - Microsoft Internet Explorer provided by Merton Domain

https://www.thinkuknow.co.uk/parents/ Child Exploitation s... USD Support Site - o... Government announ... thinkuknow.co.uk Keeping children saf... gov.uk gov.uk Manage your online ...


File Edit View Favorites Tools Help

ESS PRO... Res... Pag... Int... BMC... On... ICO... Ext... Google Sug... Two... Lon... ITr... ITr... Wel... Ras... ITr...

I would like advice on...

**THINK
U
KNOW**

Home Get Advice Concerned about your child? How to get help Who are we? Support tools



Protecting your children from abuse online

I need to report an incident

I'm concerned about my child

I'd like to understand more about keeping my child safe

Hunting the Paedophiles: Inside the NCA

Following the broadcast of the Channel 4 documentary, Hunting the Paedophiles: Inside the NCA, if you are concerned that your child may have been affected by any of the issues discussed, please

Further support

100%

<https://www.thinkuknow.co.uk/parents>

TIPS AND ADVICE FOR PARENTS AND CARERS

1. Be engaged

Talk regularly with your children about how they use technology, and find out what their digital life is like, including how they communicate using images and videos. Perhaps you can start off by discussing your favourite emojis?

2. Be aware

Explore the online features of the devices you already own in your family and the devices you might buy for your child in the future. Knowing how to activate and use parental controls can help protect your child from seeing inappropriate content online.

For advice and guides on how to make use of parental controls and other safety features on devices, check out [Parents' Guide to Technology](#).

3. Be there

The most important thing is to ensure that you are there if something goes wrong. Your child might be very embarrassed to discuss the issue they are facing so reassure them that they can turn to you no matter what.

You are always there to help your children but make sure you know how to get support too by visiting the ['Need Help?' page](#).

4. Be thoughtful

The internet provides a platform for billions of people to share their views and opinions but not everything or everyone online is trustworthy. Encourage your children to **think critically** about the things they see - help them consider the difference between fact and opinion, and that there is sometimes more than meets the eye.

Need some help starting a conversation? [conversation starters for ways of striking up a conversation with your child about what they see online](#).

MINICRAFT :

A PARENT'S GUIDE

SINGLE PLAYER VS MULTIPLAYER

Single player

Safest mode.

Users play by themselves and can't use the chat function to communicate with anyone else.

Might be more appropriate for very young children.

Multiplayer

Server-based version that lets multiple users play together in a single world.

Players can communicate using the chat function – press T and then Enter to display the chat to others.

Has some risks but can still be used safely.

STAYING SAFE ON MINECRAFT

Turn off chat

Find a child-friendly server

Set time limits

Talk to them

You could also ask them to show you their Minecraft world.

As with any online activity, there are some safety concerns to keep in mind.

- Set the account up through **your own email address** and know their passwords – at primary age, this is not an unreasonable thing to ask.
- **Discuss** which settings you are going to apply prior to their joining the site – will you allow multiplayer, for instance?
- Speak to your child about **unwanted contact** and **what to do** if someone is being nasty or inappropriate to them in the game. Ask that they come to you if anything goes wrong, so you can make it stop.

MINECRAFT



Our Family's Official Minecraft Constitution



We, the undersigned, agree to abide by the following rules of Minecraft while living in our parents' house:

1. No stealing from friends or family members' chests.
2. No killing friends or siblings in Minecraft.
3. No trapping unless you are in a designated trapping world. And if you get trapped and accidentally killed in a designated trapping world, no crying about it.

If You Break the Rules of Minecraft in our House:

The punishment is a minimum of 168 hours of Minecraft Banishment. (That's 7 days, folks!)

Anyone who accidentally kills somebody can request a special court hearing to make a formal appeal. The ruling of the judge on duty is final (whether it is a babysitter, mom, dad, or any other adult in charge). If you are found guilty after an appeal the punishment will be a minimum of 168 hours plus an additional 48 hours for your dishonesty. (That's 9 days!) So don't appeal unless you think you can win it.

You **MUST** sign your name in the box below to PLAY:



SSSSSSSS....

Happy Crafting, Folks!



© healthy-family.org

FAMILY AGREEMENT

http://www.childnet.com/safety-leaflets-for-parent:2016?utm_content=bufferial&utm_source=twitter.co

Things to consider...

Keeping safe

- How safe is our personal information?
 - Do we have strong passwords? Eg capital letters, symbols etc
 - Do we all have usernames that don't reveal our full names?
- Have we considered parental controls which would be right for our family?
- Have we discussed online friendships and whether we can trust them?
- Do we need a family email address?
- Who will we talk to if we feel uncomfortable about anything we have seen or heard online or on a mobile phone or gaming device?
- When is it okay to download files, games or apps?
- Have we checked the reviews and ratings for apps and games?
- Which websites are okay for us to use?
- Should we open links from people we don't know?

Social networking

- Do we know the age requirements to be on social networks?
- Who can I post photos of online?
- Do I know why it is important for my accounts to be private?

Gaming

- Which age rated games can I play?
- Am I aware of why PEGI is important?
- Can I play online with people I don't know?

Positive online behaviour

- How can I be a good friend on the internet?
- What will I do if I receive frightening or bullying messages?

Healthy lifestyle

- How long can we spend online?
- Do we spend the same amount of time enjoying our offline activities?
- Where can we use our devices around the house?

Examples

Suggested ideas for an agreement with younger children.

We agree to...

I will use my tablet for _____ mins a day

We will make sure the children's favourite games are bookmarked for them to get to easily

Who is responsible for this?

Isabel and Phoebe

Mum and dad

Suggested ideas for an agreement with pre-teen children.

We agree to...

I will tell mum and dad when I see something that worries me

We will put parental controls in place but review it as the children grow up

Who is responsible for this?

Jack and Tom

Mum and dad

Suggested ideas for an agreement with teenage children.

We agree to...

I will make sure all my social networking sites are private and that I only accept requests from people I know

We won't post photos of our children without their permission

Who is responsible for this?

Jane, John and Ben

Mum and dad

the smart talk

Put your internet rules in writing!

<https://thesmarttalk.org/#/>

The Smart Talk gets parents and kids together for a conversation about being responsible with new technology.



1

Have your kid join you. Making decisions together gets everyone on the same page.



2

Answer a series of questions. These will set a few ground rules for all your devices.



3

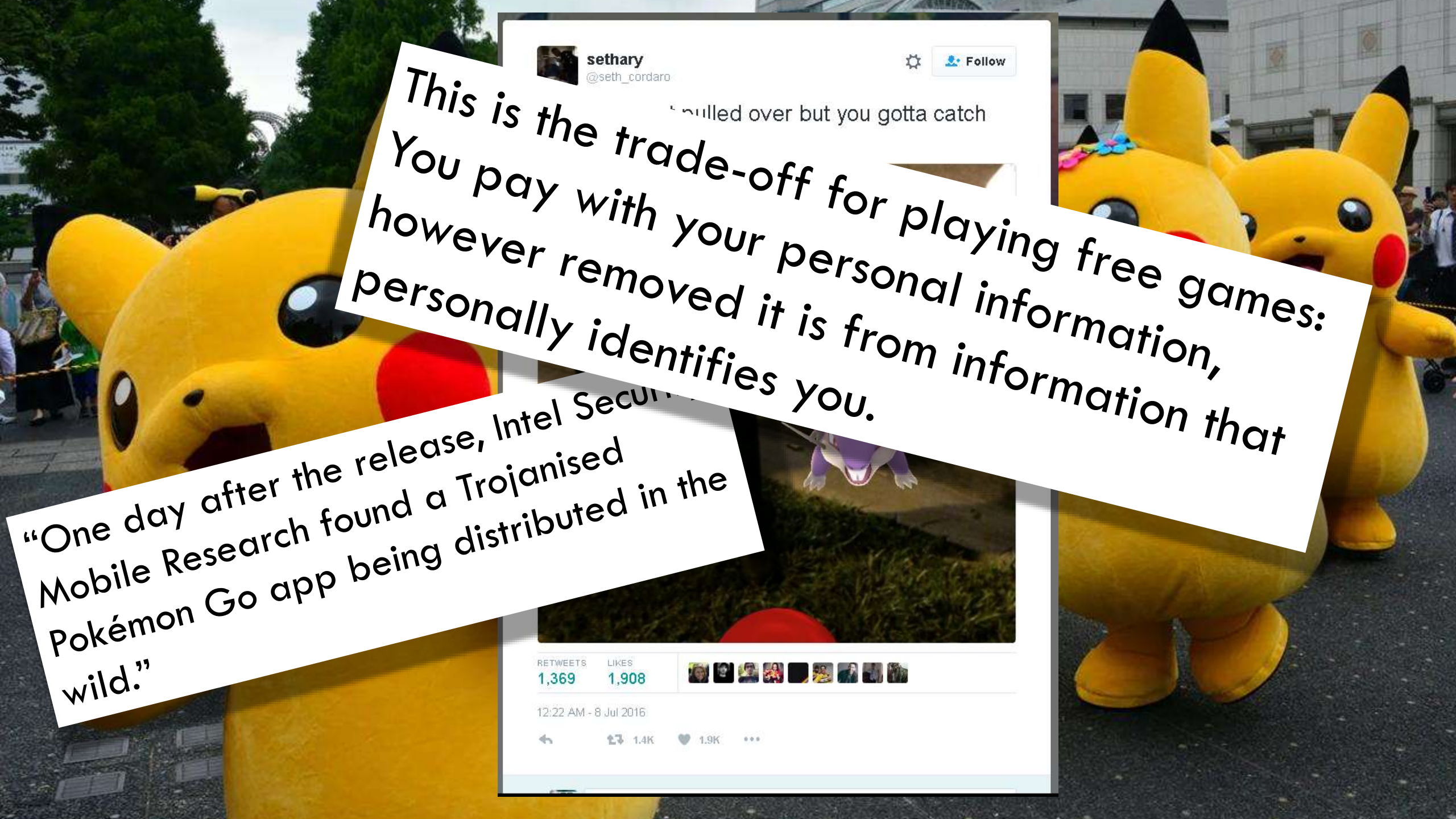
Print your very own agreement. Then post it where the whole family can see, like on the fridge.

“One day after the release, Intel Security Mobile Research found a Trojanised Pokémon Go app being distributed in the wild.”

This is the trade-off for playing free games: You pay with your personal information, however removed it is from information that personally identifies you.



The image shows a screenshot of a tweet from user 'sethary' (@seth_cordaro) posted on July 8, 2016, at 12:22 AM. The tweet text reads: 'Trojanised over but you gotta catch'. The tweet has 1,369 retweets and 1,908 likes. The background of the tweet image shows a purple Pokémon (Gyarados) in a grassy field. The tweet interface includes a 'Follow' button and icons for retweeting and liking.



GAMING APPS



- no age verification
- no reporting facilities within Clan chat

If your child is going to use the multi-player option of the game unsupervised, be aware that they may come across adults and bad language - occasionally even both at the same time.

The game was the top grossing app on both the App Store and Google Play, with an estimated revenue of over £1 million (1.5million dollars) per day.

Gabriel is 11 and plays with his parents' permission. He says: 'I like how it's almost never ending and I can play with my friends on it.'

'I'm in one clan with friends from school. I don't really chat on it because I don't want other people seeing my info so we talk on Skype or ooVoo when we're playing. The bad thing is that it takes a long time to progress and you have to wait a day for some things, which is annoying.'

'It's OK for little kids like my cousin (6), to play under supervision and their new game, Clash Royale, is good, maybe even better!'

ios

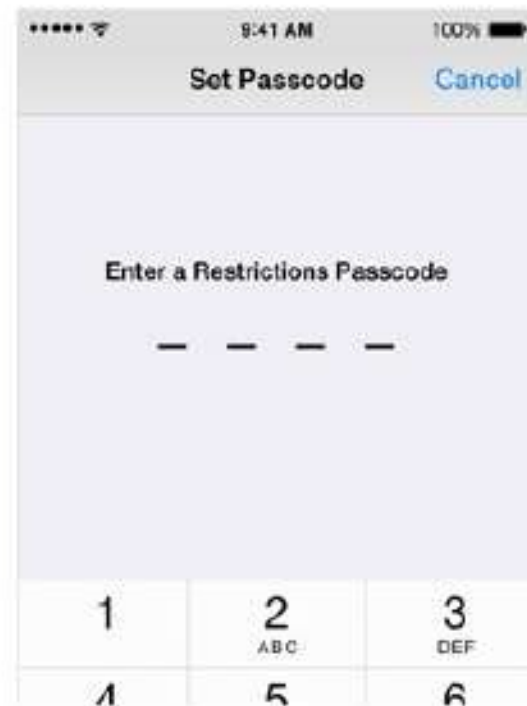
The restrictions menu in iOS allows you to require a password for every purchase made on your iOS device.



1. Tap Settings -> General -> Restrictions



2. Tap Enable Restrictions

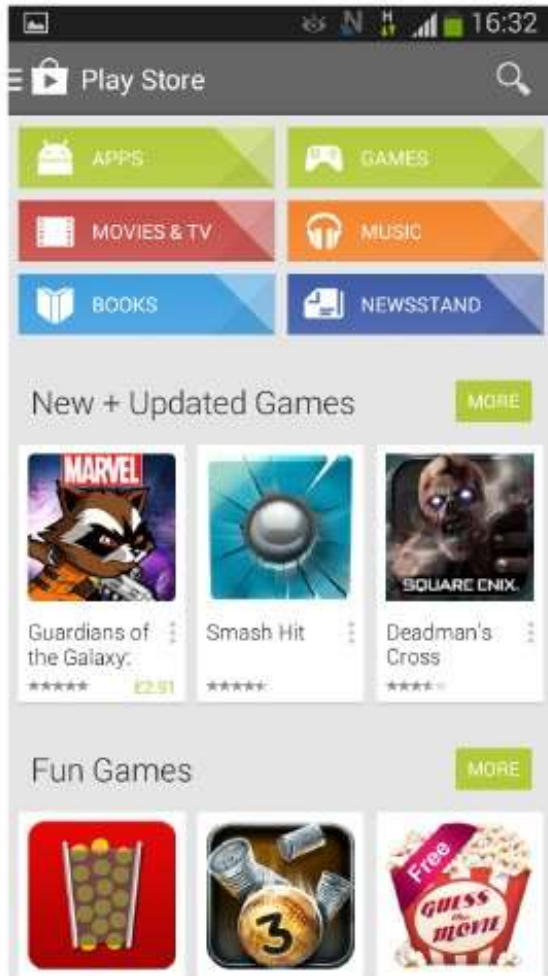


3. Choose a restrictions passcode that you will remember and confirm your passcode. We recommend choosing a passcode different from the passcode you use to unlock

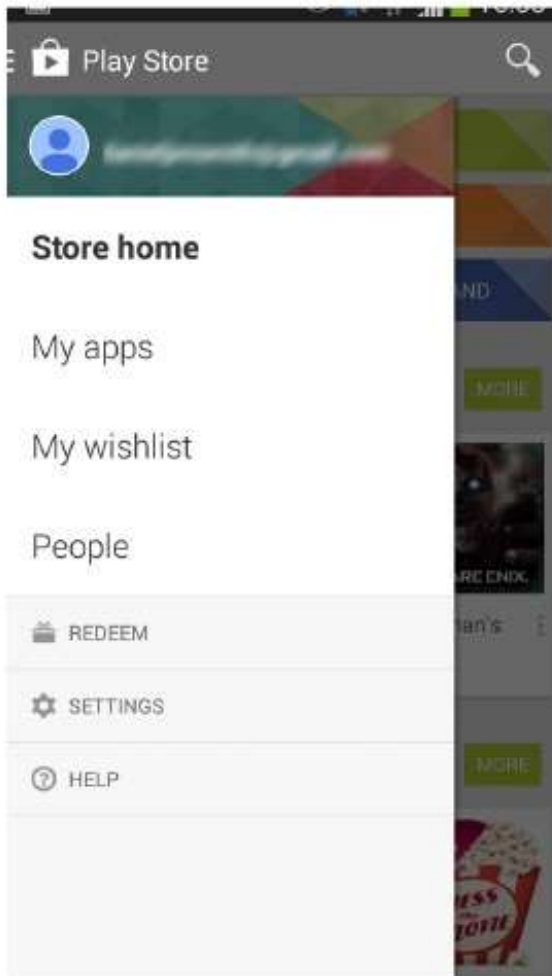


Android

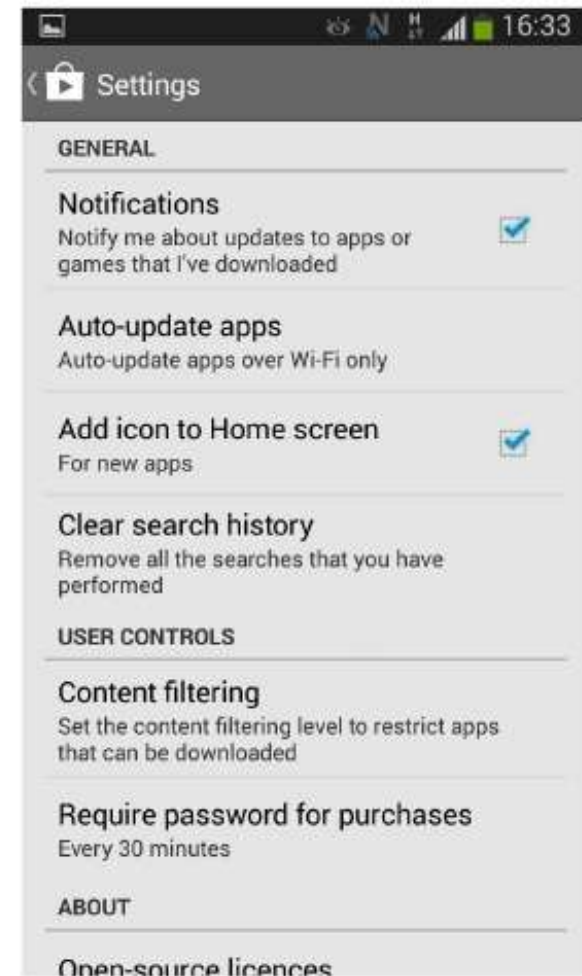
The settings in Google Play allow you to require a password for every purchase made in the Google Play store.



1. Go into the Google Play Store. Tap on the menu icon. Here it is located on the top left of the home page



2. Tap on Settings



3. Tap Require Password for purchases and then tap For all purchases through Google Play on this device.



• VINE



• Spotify



• Face Time



• Moshi
• Monsters



• Ask.fm



• Instagram



• Pinterest



• Whisper



• WhatsApp



• Popjam



• Snapchat



• Kik.



• YikYak



• ooVoo



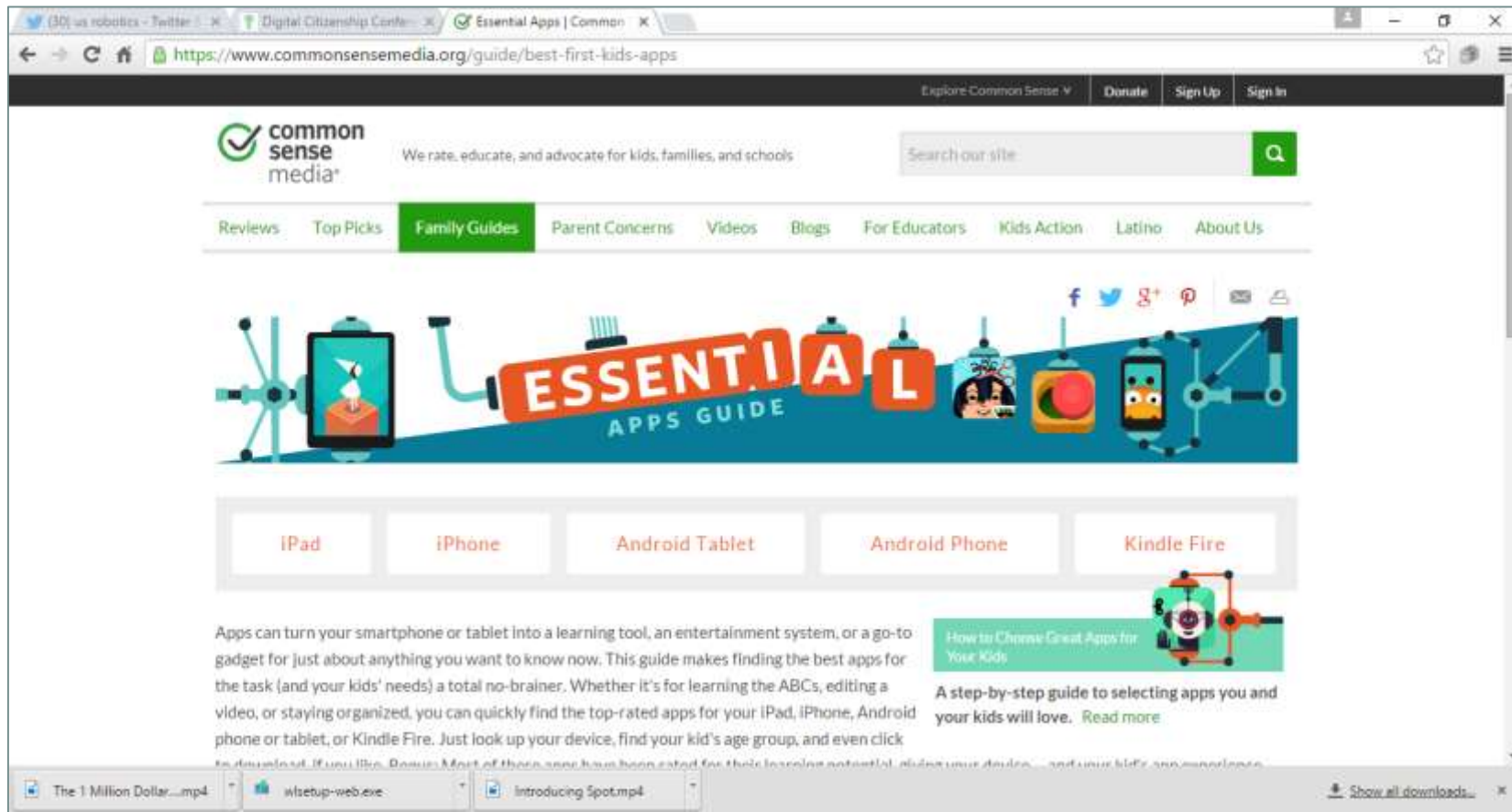
• Tumblr



• Omeagle



• Facebook

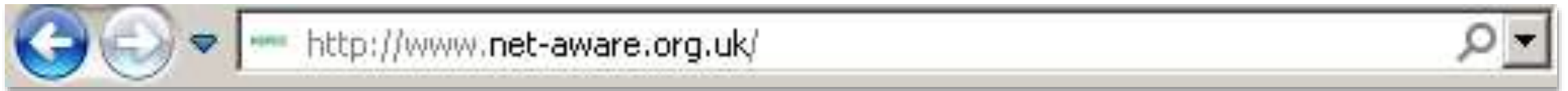


NSPCC Netaware – Reviews of apps and games

<http://www.net-aware.org.uk/networks/?order=-popularity>

In association with





← Back to NSPCC site

O₂ 😊 NSPCC NetAware)))

Type and select network >

Explore all networks [A-Z](#) [Most popular](#)

Your guide to the social networks your kids use

Stay up to date and keep your child safe in today's digital world



Search for a site, game or app to find out more >

Explore other networks [All networks A-Z](#) [Most popular](#)



Where Families Make Sense of Video Games

- STORIES
- CAREERS
- ADVICE
- RESEARCH
- ABOUT US
- ASK A QUESTION

Jo Whiley introduces AskAboutGames.com gaming advice for parents 🕒 🔗



All About: Safe and Sensible



Join Our Family Gaming



Enjoy Games Safely With

BULLYING WHAT IS

Usually defined as repeated actions or words that hurt someone else (physically or emotionally).

Could include:

- Assault or violence.
- Teasing, cruel jokes, name calling.
- Threats.
- Sharing unpleasant photos or videos.



PRACTICAL STEPS

- ❖ Find out what exactly has been happening.
- ❖ Keep a record of all incidents and when they occurred.
- ❖ Take screenshots of any messages before deleting them.
- ❖ Block and report anyone who's been bullying your child online.
- ❖ Change any passwords that might have been compromised by online bullying and check privacy settings.
- ❖ **Don't** confiscate your child's device or stop them spending time online.
- ❖ Make a plan for where your child can go to escape bullying at school.
- ❖ Make sure your child's school is aware – even if it's been happening outside school.

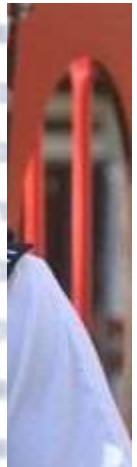
SEXTING

A boy who sent a naked photograph of himself to a girl at school has had the crime of making and distributing indecent images recorded

"The report of
been filed with
children involv
and given an
not in the publ
prosecute." BB



Sexting leaves all
young people at
risk of bullying or
blackmail from
peers and strangers



ren
take

an incident to the police, then officers must record the crime.



Children as young as seven caught sexting at school, study reveals

More than half of teachers aware of sexting incidents with most cases involving pupils aged 13 to 16, according to NASUWT

REPORTING UNWANTED CONTENT



Criminal images can be reported to the Internet Watch Foundation www.iwf.org.uk Reporting to the IWF is confidential and can be done anonymously. The IWF deals with:

- child sexual abuse images hosted anywhere in the world
- criminally obscene adult content hosted in the UK
- non-photographic child sexual abuse images or videos hosted in the UK i.e. computer-generated or cartoon imagery

You can also report to content providers and ask them to remove hateful or overly sexualised content. Be prepared to quote back terms and conditions to get content removed



The Information Commissioner's website offers advice and support around privacy and data protection www.ico.org.uk

Also - Use flagging and reporting tools on websites

REPORTING UNWANTED CONTENT



If your child has been **inappropriately contacted by an adult** online – e.g. sexual chat, being asked to do something that makes them feel uncomfortable or wanting to meet offline – you should report it to CEOP www.ceop.police.uk/safety-centre

Child Exploitation & Online Protection Centre



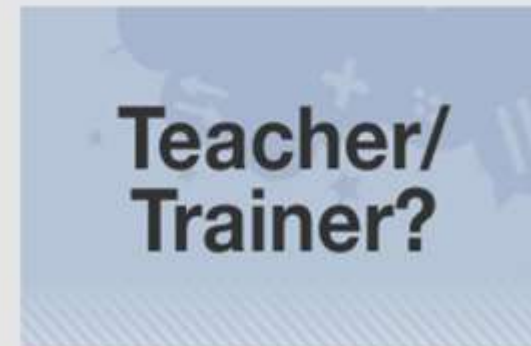
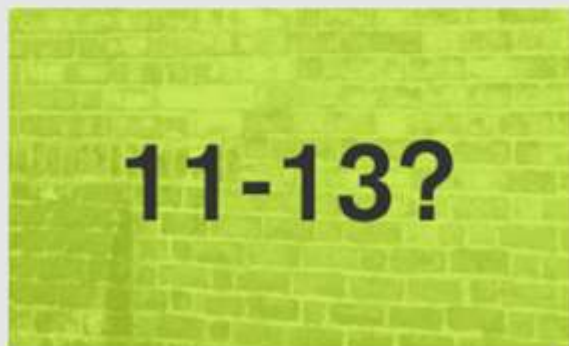
Parent Port brings together all of the media regulators and allows you to make complaints about online content www.parentport.org.uk/



Welcome to CEOP's Thinkuknow

Come in to find the latest information on the sites you like to visit, mobiles and new technology. Find out what's good, what's not and what you can do about it. If you look after young people there's an area for you too – with resources you can use in the classroom or at home. Most importantly, there's also a place which anyone can use to [report](#) if they feel uncomfortable or worried about someone they are chatting to online. All the information here is brought to you by the team at the [NCA's CEOP Command](#). We hope you like it!

Are you...



SHARE THE

REN



Resources for 3-11s



Resources for 11-19s

KidSMART
a Childnet website

Visit Childnet's main website
www.childnet.com
for the latest resources and news

Childnet International

kidSMART | I work with kids | **I have kids** | Contact

Adventures of Smartie | Resources | Fun activities | Skills School | Know IT All | Internet devices | Parental controls

SMART Crew

I have kids [SIGN UP](#) for our e-bulletin here

- Read "The Adventures of Smartie the Penguin"
- Download Childnet resources
- Fun activities to try at home
- Skills School
- A parents' guide to Internet devices
- Know IT All for Parents
- Parental Controls
- The Adventures of Kara, Winston and the SMART Crew (8-11)

the SMART Crew - films

Parental controls

Innocent searches online can lead to not so innocent results. But parental controls can help keep your child safe.



O₂ 😊 NSPCC

Let's keep kids safe online

PARENTAL CONTROLS - SHOULD YOU

Make best use of tools to minimise the content your children are able to see, but do so in the certain knowledge that you cannot protect them from all the content that's online.

Content blocking

Long term wellbeing

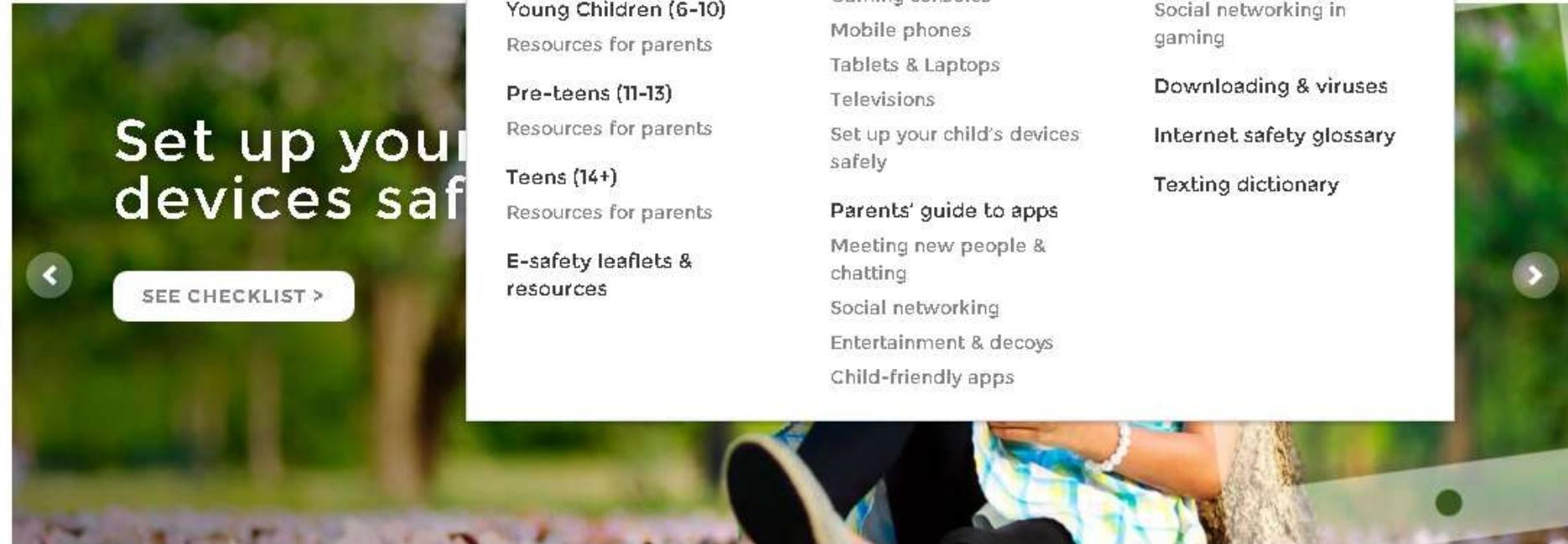
Research out of the Oxford Internet Institute suggests that controlling your children's internet use too much could actually make them more vulnerable in the long term. Children who are very restricted when they go online tend to be less confident and able to deal with risk.

PARENTAL CONTROLS



How to set up parental controls on...	
Mobiles and tablets	
Home broadband	
Games consoles	
Film, music and TV	
Search engines	
WiFi and being away from home	
Apps and privacy	

Helping parents keep their



Set up your devices safely

SEE CHECKLIST >

- Pre-school (0-5)**
Resources for parents
- Young Children (6-10)**
Resources for parents
- Pre-teens (11-13)**
Resources for parents
- Teens (14+)**
Resources for parents
- E-safety leaflets & resources**

- Parents' guide to tech**
Gadgets
Gaming consoles
Mobile phones
Tablets & Laptops
Televisions
Set up your child's devices safely
- Parents' guide to apps**
Meeting new people & chatting
Social networking
Entertainment & decoys
Child-friendly apps

- Social networking**
Online gaming
Social networking in gaming
- Downloading & viruses**
- Internet safety glossary**
- Texting dictionary**

Protect your kids by activating simple parental controls around your home



GET PROTECTED NOW >

PARENTAL CONTROLS — ALL DEVICES HAVE THEM

Here you'll find the relevant links to the parental controls instructions for the major devices.

Parental controls setup guides for the major tablets and smartphones:



Apple iPhone

Apple iPad

Android Mobile

Android Tablet

Parental controls setup guides for the major gaming consoles:



Xbox One

Xbox 360

PS3

PS4

Wii

Parental controls setup links for the main laptop and tablet operating systems:



Windows 7

Windows 8

Mavericks

Yosemite



<http://www.internetmatters.org/controls/devices-computers/>

Sky Broadband Shield

lordsofthedrinks.com has been blocked by Sky Broadband Shield, which lets you choose the websites that can be seen in your home.

If you'd like to access this website now, you can add it to your allowed list or change your age rating on your Sky Broadband Shield settings page. Otherwise you can close this window and continue browsing other websites.

[Change your settings](#)

The site was blocked because it matched the following categories:

- Pornography and Adult

[Report this site](#) if you think this category is incorrect.

Sky Broadband Shield doesn't give us access to what you do online so your privacy will be protected.



If you want to know more about keeping your children safe online, Internet Matters is here to bring you information, advice and support

Having a problem reading this email? Please view this as a [web page](#).



[Home](#) | [Help and Support](#)



Plusnet SafeGuard.
For things on the net you really wouldn't want kids exposed to.

[SafeGuard my surfing now >](#)

Make sure it's you who controls what your kids do online, with new Plusnet SafeGuard.

If you've got kids or grandchildren, you're probably worried about what they could stumble across when they're surfing the net. But short of looking over the kids' shoulders all the time, what do you do?

Activate Plusnet's new, free parental control tool, SafeGuard.

SafeGuard helps you block whatever kind of stuff you decide is not for you and your family – things like adult content, gambling and violence.

SafeGuard is **free** and really easy to set up. All you have to do to start surfing safely is go to the [Member Centre](#) to activate it. Then hey presto, suddenly you've got more control over what you and the family see online. You can easily switch the filters on and off too whenever you want.

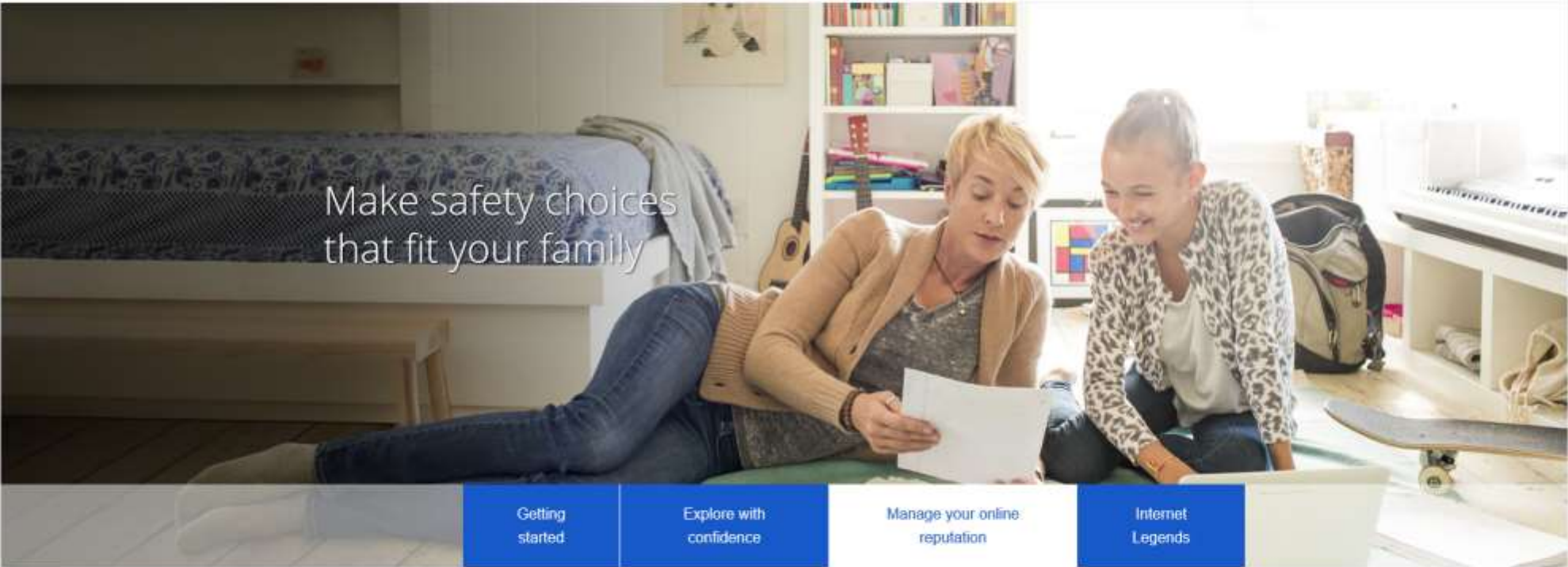
If you're anything like us, you'll do whatever it takes to protect your family. And Plusnet SafeGuard has what it takes to keep everyone – from the kids to gran – surfing safer online.

Manage your online reputation - For families - Safety Centre - Google - Microsoft Internet Explorer provided by Meriton Domain

https://www.google.co.uk/safetycenter/families/manage/

Google Safety Centre

Home For everyone **For families** Safety tools Partners Resources



Make safety choices that fit your family

Getting started Explore with confidence Manage your online reputation Internet Legends

TOPICS

- Introduction
- Keep personal information on a need-to-know basis
- Make smart connections
- Be an upstander, not a

Connect responsibly

From our ongoing conversations with parents, we know that staying on top of your teens' online activity is a big concern. Teaching your teen the basics of responsible digital citizenship will help them make good choices when you're not around. They should know how to respond to social

SAFETY TOOLS

Discover Google safety tools designed to help your family monitor their online reputation.

Manage YouTube

<https://www.google.co.uk/safetycenter/families/manage/>



TV on Demand

Find out more about the parental control settings available on some popular TV on Demand services:

- [BBC iPlayer Parental Guidance Lock](#)
- [4OD Parental Control](#)
- [ITV Player PIN number protection](#)
- [Sky Go Parental Controls](#)

It's worth asking your child about how they watch TV and films on their devices. If they're using a particular app or online service, why not check if there are any parental control settings you can make use of.

For more information, see Childnet's guide to [Music, Film, TV and the Internet](#).

Young people

Parents and carers

Have a conversation

Safety tools on online services

Social networks

Browsers

TV on Demand

Parental controls

Parents' Guide to Technology

Teachers and professionals

Foster carers, adoptive parents and social workers

HAVE A CONVERSATION

Not sure where to begin? These conversation starter suggestions can help.

1. Ask your children to tell you about the sites they like to visit and what they enjoy doing online.
2. Ask them about how they stay safe online. What tips do they have for you, and where did they learn them? What is OK and not OK to share?
3. Ask them if they know where to go for help, where to find the safety advice, privacy settings and how to report or block on the services they use.
4. Encourage them to help someone! Perhaps they can show you how to do something better online or they might have a friend who would benefit from their help and support.
5. Think about how you each use the internet. What more could you do to use the internet together? Are there activities that you could enjoy as a family?

WHAT WE DO KNOW...

1. Building a child's digital resilience will keep them safer than blocking or filtering
2. Don't limit the talk you have with your child to 'the online safety conversation'
3. Balance taking an interest in your child's online activities with giving them the space to be independent
4. Don't be afraid to set boundaries
5. Concentrate on how children use digital media rather than for how long

TOP TIPS FOR SUCCESSFUL ONLINE PARENTING

"Good parenting is the single best way to keep your children safer online."

"Resilient children are more likely to set their own limits and safeguards. To do things like block users that are troubling them, or leave services that have content that upsets them."

WHERE CAN I GET HELP?

❖ <http://www.internetmatters.org/>

❖ <http://www.saferinternet.org.uk/advice-and-resources/young-people/3-11s>

❖ <http://vodafonedigitalparenting.co.uk/>

❖ <http://www.childnet.com/resources/kia/>

❖ <https://www.thinkuknow.co.uk/parents/> CEOP (Child Exploitation and Online Protection Centre)



DIGITAL PARENTING MAGAZINE

<http://www.vodafone.com/content/digital-parenting/learning-and-fun/digital-parenting-magazine.html#>

Please note, it is a very large file so make take some time to open.



childline

Call 0800 1111 About us

ONLINE, ON THE PHONE, ANYTIME

- Info and advice
- Get support
- Toolbox
- Get involved

Your locker

Sign in | Sign up

You are here / Home

Search Childline_

it's my
BODY
no one else's

If you or someone you know is worried about FGM, you can talk to us →

HIDE PAGE



HOW ARE YOU FEELING?

Feeling excellent, great or amazing? Share that positive feeling

99

1. Problems
2. Being Flaky
3. Almost 100% Certain
4. Parent Stopped watching

99 means parent watching and can also be written as CD9 (Code 9).

Two nines written as 99 means that they have stopped watching and have left the room.

Other ways of writing that parents are watching include @ @ @, PAW (Parents are watching), PAL (Parents are listening), PIR (parent in room), PWOS (parents watching over shoulder).

| 182

1. Hit the bullseye with two darts remaining
2. Don't blink, I'll be right back
3. I'm thinking of...
4. I hate you.

1 = I, 8 = hate 2 = you.

KMS

1. Kiss me slowly
2. Kilometres
3. Keep my Secret
4. Kill my self

KMS is used to mean kill myself although usually not a literal threat to commit suicide but more as an exaggerated form of annoyance, e.g.: “My mum won’t let me go to the party this weekend... KMS”

MIA

1. Mum is About
2. Message if alone
3. My Internet Age
4. Bulimia

Worryingly, Mia is a nickname used to discuss the eating-disorder Bulimia in online chat-rooms and forums. Ana is also mentioned when referring to Anorexia, another type of emotional disorder characterised by an obsessive desire to lose weight by refusing to eat. Often, the terms “Goddess Mia” and “Goddess Ana” are dropped in online conversations where tips on losing weight are discussed predominantly by young female teens.



1. I've just seen something x- rated
2. She didn't even see me
3. I can't see your point of view
4. I'm so tired I'm cross eyed

This emoji is often used in online chats when something NSFL (not suitable for life) has been posted or discussed.

@derekcrabtree1



Should you be afraid? – No
Should you get tooled up - Yes

