

## Goodbyes and Goodnights Online Parent/Carer Group

**Has it been tricky to get your child out of the house and through the school gates this term?**

**Does your child struggle to separate from you when dropped off for playdates/after school clubs/school?**

**Are you worried that all your hard work to settle into a positive morning/bedtime routine could be derailed over the winter holidays?**

**Join our free, 5-session online parent group beginning the 2<sup>nd</sup> December to connect with other Merton parents and learn new ways to support your child on their journey towards independence.**

**Scan the QR code or follow the Click HERE to find out more and sign up**

